



# Family Training Programme for Alcohol Misuse

Alcohol problems within families present a considerable challenge for professionals. Heavy drinking by parents is linked with conflicts, disputes and domestic violence which have a damaging effect on children. Alcohol Concern, in association with Wendy Robinson Consultancy, is offering this extremely well received national programme of training for a second year. The training is designed to equip practitioners with the skills to work effectively with children and families affected by parental alcohol misuse.

## Four one-day courses designed to support professionals

### Training A: Working with families to increase engagement and motivation

- Working effectively with families' sense of hopelessness.
- Addressing lack of trust in the professional system.
- Working with lack of clarity about goals, objectives and timescales.
- Increasing motivation and formulating realistic care-plans.

### Training B: Building resilience: Working with children affected by parental alcohol problems

- Working with children's fear, shame and overall adversity.
- Building resilience to help overcome trauma.
- Helping children survive and thrive despite difficult circumstances.
- Developing a time-limited intervention based on resilience building.

### Training C: Protective parenting: A realistic approach for problem drinking parents

- Working with problem drinking parents towards making sustainable changes.
- Holistically working with dependency and parenting.
- Facilitating parents realistically to achieve safety and well-being for their children.

### Training D: Alcohol, parenting and risk assessment: Collaborative approaches to safeguarding children

- Exploring concepts of safe parenting and risk.
- Understanding child protection concerns and statutory safeguarding processes.
- Utilising risk assessment tools and developing collaborative approaches for multi-agency working.

Training	Venue	Date
Training A	London Exeter Leeds	17 July 2009 24 June 2009 8 July 2009
Training B	London Exeter Leeds	23 July 2009 25 June 2009 9 July 2009
Training C	London Exeter Leeds	29 October 2009 14 October 2009 2 September 2009
Training D	London Exeter Leeds	18 November 2009 15 October 2009 3 September 2009

### About the Training

This training will take the form of a 'Masterclass'. The overall aim of the training will be to increase the effectiveness of work with children and families not only within the alcohol field, but also childcare, social work and family support. It will also be an opportunity for skill sharing and relationship building across professional networks.

DANOS Units Supported: AB4, AB7, AB8, AB9, AB10.

The programme will consist of four tailor-made training days that stand alone as well as being complementary to each other to form a comprehensive training module. Each day will be for a maximum of 20 participants, and an Alcohol Concern Certificate of Attendance will be provided for all.

This training is suitable for a range of professionals including those from the alcohol and drugs field and from the wider child welfare and social care fields working in both the voluntary and statutory sectors.

### About the Trainer

Wendy Robinson is an independent consultant, trainer and clinical supervisor specialising in children, families and substance misuse. She is a qualified counsellor and play therapist, and has worked in frontline services within the alcohol and drug field for 12 years. She has been involved in the design, development and operation of a number of specialist services.

### About Alcohol Concern

Alcohol Concern provides a range of consultancy and training services designed and delivered by experts in the field. Our training has supported PCTs, DAATs, Social Services, Alcohol Services and Youth Services. We are regularly commissioned by PCTs and local authorities to provide Identification and Brief Advice (IBA) training; reviews of treatment services; consultancy of alcohol strategies and support for the implementation of alcohol programmes. For more information please contact [consultancy@alcoholconcern.org.uk](mailto:consultancy@alcoholconcern.org.uk)

### Booking Details

Courses cost: £90 per day, or £320 for all 4 days (excl. VAT)

**For full booking details and to reserve a place please contact: [training@alcoholconcern.org.uk](mailto:training@alcoholconcern.org.uk)**